

April 14, 2022

### THE LIMITS OF OUR STRENGTH

It is important to know your own limits. Most every injury that I have had usually starts with a story of me doing something that I knew I wasn't capable of doing. Many pulled backs, broken arm, and torn muscles have come from lifting something too heavy or pushing the body beyond its limits. It is also interesting how easily we can judge the limits of our strength at times. There are things that we can look at and immediately see that we are going to need help. There are other times when that isn't so easy. We may see something and think that we can lift it or handle it but we underestimate its weight and our limits. Spiritually, many tend to underestimate the power of sin as well, and anyone who tries to take on a stronger spiritual enemy without God's help is guaranteed to fail. We can actually see examples of this in the very first 5 chapters of the Bible.

The first example is found in **Genesis 3:6-7** which says, "So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate, and she also gave some to her husband who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked. And they sewed fig leaves together and made themselves loincloths." Our two perfect ancestors, created in the image of God, couldn't stand on their own against the tactics of Satan. Even though they were morally pure, intelligent, and walked with God every day. When they were on their own, they failed.

The next example that we see is in Genesis 4, when Cain and Abel bring forth sacrifices from their own labor to God. Abel's firstborn of his flock was accepted by God, but the offering of the fruit of the ground that Cain brought was not regarded and he became angry. God tells Cain in **Genesis 4:6-7**, "Why are you angry, and why has your face fallen? If you do well, will you not be accepted? And if you do not do well, sin is crouching at the door. Its desire is contrary to you, but you must rule over it." God warned Cain about the power of sin and the strength it had. Then in verse 8, "Cain spoke to Abel his brother. And when they were in the field, Cain rose up against his brother Abel and killed him." In spite of this warning Cain gave in to sin's desire and killed his brother Abel.

The third example of the power of sin is actually found in one of Cain's descendants named Lamech. In **Genesis 4:23-24**, we read "Lamech said to his wives: "Adah and Zillah, hear my voice; you wives of Lamech, listen to what I say: I have killed a man for wounding me, a young man for striking me. If Cain's revenge is sevenfold, then Lamech's is seventy-sevenfold." Lamech killed a man for striking him. Scripture does not tell us why the man struck Lamech or even if it was done on purpose. We also don't know if the

fault was started with the man or with Lamech, but they both knew of Cain's sin and punishment. Even with Lamech knowing the punishment of Cain, it wasn't enough to prevent more sin.

In just the first few chapters of the Bible, we can clearly see the great power that sin has on mankind. We also see that it is not enough to simply know what God commands to protect us. God had warned Adam and Eve to not eat of the tree of the knowledge of good and evil. God warned Cain not to let sin overpower him. God even punished Cain to teach others what the curse was for taking the life of others, but instead of looking at the curse of not being able to work the ground, Lamech focused on the protection God gave Cain so that he would not be killed himself. It isn't enough to be warned of sin's power or to see how others have failed. We need spiritual strength and help to overcome the power of sin. That is why Jesus became a man (**John 1:14**). He came to break the power of sin and He did so through the shedding of His own blood on the cross, and the only way that we can overpower sin is through Jesus' sacrifice. **Romans 6:6** says "We know that our old self was crucified with Him in order that the body of sin might be brought to nothing, so that we would no longer be enslaved to sin."

Do not think that means sin no longer is powerful though. When we are baptized into Christ our sins are washed away and forgiven (**Acts 2:38, Acts 22:16**), but that doesn't mean that sin is no longer powerful. When you truly look at what **Romans 6:6** says, it tells us that when we are baptized into Christ, our old sinful selves were crucified with Christ so that sin "might" lose its power in our lives. Much too often, Christians fail when confronted with temptation just like Adam and Eve, Cain, and Lamech. So how can we overcome sin? By seeing ourselves as God sees us. By understanding we have a new identity. We are people who have died with Christ to sin's power in order to be alive to God. **Romans 6:11** says, "So you also must consider yourselves dead to sin and alive to God in Christ Jesus." We must realize that sin's power is stronger than we are on our own, that sin's power was broken by Jesus on the cross, and that through Christ, we have access to the power of God to overcome temptation.

**Andrew Spivey**

### SENIOR NIGHT

The Senior group will start up again on **Thursday April 28<sup>th</sup> at 6:00 p.m.** in the Fellowship room. Please bring finger foods and drinks. Also games will be played after eating. For more details please see **Jo Ann Williamson**.

### COORDINATED BIBLE CLASS STUDIES

Sunday Read – 1 Kings 5-6

Wednesday Read – 1 Kings 7

### BIBLE STUDY



Questions for last week's reading of

**1 Kings 3&4.**

1. What did God tell Solomon in a dream and what was Solomon's reply?
2. What did God tell Solomon about his reply?
3. What event happened to show Solomon's wisdom?
4. How did Solomon know the real mother?
5. How was Solomon's reign different from his father David's?

### THANK YOU NOTES

(Thank you notes are posted on the bulletin board in the stairway leading to the classrooms)

Dear Church Family, Thank you to everyone for all the prayers in my behalf following my knee replacement surgery. Also for the calls and all the cards. I am doing much better now. I am blessed to have such a caring church family,

**Love, Evelyn Harris**

Thank you to my church family for the many cards, prayers and the beautiful potted plant that was sent to me during my brothers passing. It made my days much brighter. In Christian love,

**Mary Spivey**

### SYMPATHY

Our Love and Sympathy to **David & June Thompson** on the passing of David's uncle **Estes Hall Thompson** on April 7<sup>th</sup>. Funeral service were held in Tompkinsville KY.

Our Love and prayers to **Donna Jennings** and her children Christopher, Dawn, & Rebeca on the passing of her husband and their father **Terry Jennings** on Monday April 11th. There will be a private service for family at a later time.

### ORDER OF SERVICES

SUNDAY

April 17, 2022

9:00 AM

BIBLE STUDY

(Classes for Nursery – High School upstairs)

Song.....Bob Brown  
 Opening Prayer.....Fate Evans  
 Auditorium Lesson.....Andrew Spivey

### 10:00 AM SERVICE

Welcome.....Jim Cherry  
 Song Leader.....Bob Brown  
 Opening Prayer.....Adam Williamson  
 Sermon.....Andrew Spivey  
 Lord's Supper.....Lee Boone  
 Closing Prayer.....Bob Sever

### 5:00 PM SERVICE

Welcome.....Jim Cherry  
 Song Leader.....Bob Brown  
 Opening Prayer.....Rick Gallagher  
 Sermon.....Andrew Spivey  
 Lord's Supper.....Tony Butler  
 Closing Prayer.....Matt Ellis

### WEDNESDAY

April 20, 2022

7:00 PM

Welcome.....Jim Cherry  
 Song Leader.....Bob Brown  
 Opening Prayer.....Carl Newby  
 Lesson.....Andrew Spivey  
 Closing Prayer.....David Johnson

Visitor's Desk Volunteer.....Lynett Young

### IF YOU CANNOT SERVE, PLEASE CALL

Alex Sherrill.....615-289-9935  
 Church Office.....615-452-3431

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## SCHEDULE OF SERVICES

Sunday Bible Study 9:00 a.m. - Sunday Morning Worship 10:00 a.m.  
 Sunday Evening Worship 5:00 p.m. - Wednesday Evening Worship 7:00 p.m.

### SICK LIST

**Carol Kidd** fell and fractured her right kneecap. **Ann Tyler** had a fall at home. She is at Sumner Regional. **Bill Johnson** continues chemo and radiation treatments. **Bob & Wanda Gregory** are both having health issues. **Ronald Milliken** husband of Helen Milliken, continues cancer treatments. **Steven Simmons** son of Charles and Fay Simmons continues to recover from back surgery. **Vycki Puckett**, daughter of Jack & Anita Cato, continues recovering from hip replacement. **Ty Tyler**, son of Ann Tyler, continues with serious health issues. **Craig Sweeney**, son of Doris Sweeney, continues cancer treatments. **John Arnold**, father of Brenda Veale is homebound and dealing with serious health issues.



### PRAYER LIST

**Shelby Ross**; **Sandi Jones**; **Ricky Cantrell**; **Maxine Cothron**; **Gerald Miles**, The Waters of Gallatin, 555 E. Bledsoe Drive, Room 305; **Frances Catron**; **Jean Deaton**; **Wade & Wanda Kennedy** parents of Diana Stephenson; **Ricky Cross**, friend of Betty Buttrey; **Ida Lou Sherrill**, mother of Alex Sherrill; **Wayne Holt**; **Lawrence Redding**, son-in-law of Betty Melcher; **Taylor Lackford**, niece of Brenda Veale; **Dustin Lackford**, nephew of Brenda Veale; **Janice Haskins**, sister of Jim Cherry; **Larry Conley**, friend of Wanda Proctor; **John Gregory**, brother of Bob Gregory; **Harold Cole**, friend of Lena Baggett; **Bobbie Carter**, sister of Janice Johnson; **Betty Billingsley**, sister of Wanda Proctor; **Walter Wooten**, brother of Wanda Sherrill.

### SHUT-INS

**Marilee Frederick**, Gallatin Rehab, Room 309A; **Joyce Savage**, NHC Place Sumner, room 107; **Jane Hughes**, 126 Seabury Dr., Greenville, SC 29615; **Melba Hill**; **Penny Campbell**, The Village of Bellevue, Room 204, 8118 B Sawyer Brown Road, Nashville, TN 37221; **Dorothy Sullivan**, Front Porch Senior Living 115 Sunset Pl. Portland TN, 37148.

We depend on families and friends to help us update this list. Please notify us of any changes

### OUR RECORD THIS WEEK

Bible Study.....	85
Morning Worship.....	152
Sunday Evening.....	85
Wednesday Evening.....	61
Contributions.....	\$8,422.00
Youth Group Account.....	\$5,712.00

### Elders

Tony Butler.....	615-452-0560
Jim Cherry.....	615-479-2149
David Johnson.....	615-300-9084
Alex Sherrill.....	615-289-9935
David Thompson.....	615-598-6621
Jerry Watson.....	615-461-8137

### Deacons

Carl Newby Brent Smith  
 Ken Veale Adam Williamson



# Nashville Road CHURCH OF CHRIST

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ANDREW SPIVEY, Pulpit and Family Minister  
 TIM STRICKLAND, Associate Minister