

DO YOU FEEL LEFT OUT?

Have you ever been left out? Maybe it was back in school when you weren't picked in gym class for a team, or maybe it was sitting alone at lunch. Maybe it was a time when you found out that your friends went somewhere and didn't think to invite you. Regardless of the situation, we have all felt that feeling in our gut of being excluded.

What do you say to people when you get hurt like that? It typically goes with the simple phrase, "you hurt my feelings". This is an interesting phrase that has more truth than you would actually think. Recent research has found that your brain processes physical pain, like getting hit or stubbing your toe, the same as it processes social and emotional pain, like being bullied or left out. This has lead many psychologist to conclude that achieving a sense of social belonging is a fundamental need.

It is strange how your mind reacts to being excluded. You can't sleep, eat, or drink. All you can do is think about the hurt that you feel. As horrible as it feels to suffer physical and emotional pain, there is something much worse than that for those who do not follow God, and we have been warned many times about it. Jesus said in **Matthew 10:28**, "And do not fear those who kill the body but cannot kill the soul. Rather fear Him who can destroy both soul and body in hell."

Revelation 4:10-11 describes this place much like that feeling of being left out but much worse. It describes an eternal place of torment with fire and sulfur, a place of no rest.

Jesus explains in **Matthew 8:12** that it is a place of outer darkness where there will be weeping and gnashing of teeth. Jesus also tells of how it will be on judgment day in **Matthew 24:38-40** and compares it to the days of Noah. He says, "For as in those days before the flood they were eating and drinking, marrying and giving in marriage, until the day when Noah entered the ark, and they were unaware until the flood came and swept them all away, so will be the coming of the Son of Man. Then two men will be in the field; one will be taken and one left."

As bad as it feels to be left out on earth, one thing we don't want to make the mistake of is being left out of Heaven. Fortunately we have a friend. See that emotional pain of exclusion hurts so much but, unlike physical pain, it can quickly be fixed. All it takes is a friend to step up. We can learn of this friend in

Romans 8:31-35. It says, "What then shall we say to these things? If God is for us, who can be against us? He who did not spare His own Son but gave Him up for us all, how will He not also, with Him graciously give us all things? Who shall bring any charge against God's elect? It is God who justifies. Who is to condemn? Christ Jesus is the one who died—more than that, who was raised—who is at the right hand of God, who indeed is interceding for us. Who shall separate us from the love of Christ? Shall tribulation, or distress, or persecution, or famine, or nakedness, or danger, or sword?"

Just as Jesus compared the day of judgment to the flood, we have an ark to keep us from eternal separation as well. Our protection comes through baptism. **1 Peter 3:20-21** says, "because they formerly did not obey, when God's patience waited in the days of Noah, while the ark was being prepared, in which a few, that is, eight persons, were brought safely through water. Baptism, which corresponds to this, now saves you, not as a removal of dirt from the body but as an appeal to God for a good conscience, through the resurrection of Jesus Christ."

How about you? Are you being left out of heaven? If not then what about those you love? Just as in the days of Noah, unless you obey you will be left outside.

Andrew Spivey

TRUST FOR TODAY

Deal only with the present, never step into tomorrow, for God asks us just to trust Him and to never borrow sorrow.

For our heart shall rejoice in Him, because we have trusted in His holy name. Psalm 33:21
From the Heart by Helen Steiner Rice

PEACE FROM PAIN

When days are rough, and times seem tough, and we're under pressure and strain: Trust the Lord, and obey His Word, and peace will come from the pain.

Bulletin Digest

**Trust and obey,
for there's no other way
To be happy in Jesus,
but to trust and obey.**

COORDINATED BIBLE CLASS STUDIES

**Sunday: READ YOUR BIBLE EVERY DAY
Wednesday: STUDY THE INSPIRED WORD**

BIBLE CHALLENGE

We want to encourage everyone to continue to do their daily Bible reading and send in how many chapters you read to the office for us to record for our daily updates. *Considering how fast we have exceeded our previous goals, let us make the next goal be 3,000! Chapters read to date: 2,720*

THANK YOU NOTE

To Dock's Church Family, Thank you for the beautiful flowers, the visits to the funeral home and services at the graveside. Thank you, **Lillian Rice**
(sister of Dock Campbell)

WHO'S WHO? ELIJAH/ELISHA

* After he warned Ahab of a drought, ___ hid by a river and got food from birds, ravens to be exact.

1 Kings 17:5-7

* Some prophets yelled, "There is death in the pot!" Then, ___ put some flour in the stew, and everything was ok.

2 Kings 4:38-41

* Twenty loaves of barley bread fed 100 people when ___ told a man to feed them.

2 Kings 4:42-44

* Some kids called ___ a baldhead. So, he cursed them.

2 Kings 2:23

* The widow at Zarephath had a son who stopped breathing, so ___ prayed and brought him back to life.

1 Kings 17:17-23

* ___ made fun of the prophets of Asherah when they couldn't get Baal to start a fire.

1 Kings 18:27

* Someone lost an axe head in the Jordan River. So, ___ made it float.

2 Kings 6:1-7

* When ___ prayed, God made a whole band of enemy Arameans blind.

2 Kings 6:18

* ___ gave a widow jar, after jar of oil to pay her bills.

2 Kings 4: 1-7

* ___ was a Tishbite **1 Kings 17:1**

WORSHIP SERVICES

We have begun holding Sunday morning worship service. We have two Sunday morning services. If your last name begins with A-L, we ask that you come to the 9:00 am. service. For those whose last name begins with M-Z, we ask that you come to the 11:00 am service.

We have begun Wednesday Bible Study in the auditorium for all ages at 7:00 pm.

No classes will be held anywhere else in the building.

We will still need to follow the new guidelines for social distancing and the wearing of masks.

ORDER OF SERVICES

SUNDAY

August 2, 2020

9:00 AM SERVICE

Welcome.....David Johnson
Song Leader.....Tim Strickland
Opening Prayer.....Lee Boone
Sermon.....Andrew Spivey
Lord's Supper.....Tony Butler
Closing Prayer.....Brent Smith

11:00 AM SERVICE

Welcome.....David Thompson
Song Leader.....Tim Strickland
Opening Prayer.....Eric Stephenson
Sermon.....Andrew Spivey
Lord's Supper.....Jerry Watson
Closing Prayer.....Ken Veale

WEDNESDAY,

August 5, 7:00 P.M.

Welcome.....David Thompson
Song Leader.....Ben Hutson
Opening Prayer.....Jim Cherry
Lesson.....Andrew Spivey
Closing Prayer.....Fate Evans

IF YOU CANNOT SERVE, PLEASE CALL

Alex Sherrill.....615-289-9935
Church Office.....615-452-3431

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 Gallatin, TN 37066
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 E-mail: nashvilleroadcoc@comcast.net

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SCHEDULE OF SERVICES

Sun. Morning Worship 9:00 a.m. & Sun. Morning Worship 11:00 a.m.
 Wed. Evening Bible Class 7:00 • Tues. Ladies Bible Class 10:00 a.m. September-May

SICK LIST

Faye Britt has been diagnosed with breast cancer. **Carol Kidd** began a new medication for a medical condition. **Jonathan Senn** is home recovering from foot surgery. **Gerald Miles** is now at the Waters in Gallatin for rehab. **Allyn Hosman** is home recovering from surgery and pneumonia. He is doing well. **Donna Jennings** has begun with her radiation and chemo treatments. **Jim Sweeney** is home now on home health. **Robert Williamson** continues treatments for lung cancer. **Jimmye Fleetwood** friend of Jim Huffman is having health issues and asking for prayers. **Annalee Burchett**, six yr old granddaughter of Jerry Burchett (the minister at Hartsville church of Christ), has been diagnosed with leukemia. **Austin Davidson**, brother of Montana Elliott, has been diagnosed with mycosis fungoides. **Beth Smith**, sister-in-law to Bernice, Frances, Jean & Mary Ann, is now taking immunotherapy. **Craig Sweeney**, son of James & Doris Sweeney, has a tumor that has grown. He has been accepted into a new drug trial clinic. **John Arnold**, father of Brenda Veale is homebound and dealing with serious health issues.

CARE LINE: 615-452-2464



PRAYER LIST

Bob Harris; J.H & Frances Catron; Melba Hill; William Dunn; Jean Deaton; Ron & Anna Radish; Donna Holmes, daughter of Eva Petty; **Wade & Wanda Kennedy**, parents of Diana Stephenson; **Bob Wall**, friend of Betty Johnson; **Ida Lou Sherrill**, mother of Alex Sherrill; **Will Flowers**, brother-in-law of Grace Bracey. **Dana Loveless**, friend of Jim & Linda Cherry; **Zachery Simmons**, grandson of Charles & Fay Simmons; **Elias Benjamin Simmons**, great grandson of Charles & Fay Simmons; **Jane Huffard**, friend of Carl & Pam Newby; **Lester Sparks**, father of Rachel Mayes; **Debbie Sparks**, sister of Rachel Mayes; **Lawrence Redding**, son-in-law of Betty Melcher; **Taylor Lackford**, niece of Brenda Veale; **Dustin Lackford**, nephew of

(cont)

Brenda Veale; **Janice Haskins**, sister of Jim Cherry; **Larry Conley**, friend of Wanda Proctor; **Wayne Holt**, nephew of Grace Bracey; **John Gregory**, brother of Bob Gregory; **Pam Flory**, friend of Sherry Sever; **Harold Cole**, friend of Lena Baggett; **Bobbie Carter**, sister of Janice Johnson; **Betty Billingsley**, sister of Wanda Proctor; **Walter Wooten**, brother of Wanda Sherrill. **We depend on families and friends to help us update this list. Please notify us of any changes.**

SHUT-INS

Ilene Kinney; Jane Hughes, 126 Seabury Dr., Greenville, SC 29615; **Bill & Jane Dunn; Cathy Henderson; Penny Campbell**, The Village of Bellevue, Room 417, 8118 B Sawyer Brown Road, Nashville, TN 37221; **Dorothy Sullivan**, Front Porch Senior Living 115 Sunset Pl. Portland TN, 37148; **Jean Thurman**, mother-in-law of Myra Rasnick, Brookdale, Hendersonville.

OUR RECORD THIS WEEK

Bible Study.....	N/A
Morning Worship 9am.....	60
Morning Worship 11am.	56
Wednesday Evening.....	40
Contributions.....	\$6,726.00
Youth Group Account.....	\$7,909.92

Elders

Tony Butler.....	615-452-0560
Jim Cherry.....	615-479-2149
David Johnson.....	615-300-9084
Alex Sherrill.....	615-289-9935
David Thompson.....	615-598-6621
Jerry Watson.....	615-461-8137

Deacons

Carl Newby Brent Smith
 Ken Veale Adam Williamson



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ANDREW SPIVEY, Pulpit and Family Minister
 TIM STRICKLAND, Associate Minister