

PRONE TO COMPLAINING

A monk joined a monastery and took a vow of silence. After the first 10 years his superior called him in and asked, "Do you have anything to say?" The monk replied, "Food bad." After another 10 years the monk again had opportunity to voice his thoughts. He said, "Bed hard." Another 10 years went by and again he was called in before his superior. When asked if he had anything to say, he responded, "I quit." "It doesn't surprise me a bit. You've done nothing but complain ever since you got here."

It has been said that complaining comes naturally. As a matter of fact, there have been studies that estimate that in America, complaining about someone happens every minute. I am not one to argue with data, but I feel that is actually a little low. But, why are we so prone to complaining? Some have said that it is a way to make friends. Nothing bonds people together more than a common gripe. Others have said that it is a way of avoiding responsibility. Complaining is much easier than doing something about it. Complaining can also make us feel better about our lack of action. Complaining may even stem from pride. Think about it, some of us complain about having to do some kind of task, but would never think about giving it up. Complaining also brings attention to how "devoted" we are because we have to do the task. Complaining also may come as a lack of faith, as was demonstrated by Israel on their wilderness trip.

Whatever the reason, continual complaining comes with a huge price. It increases stress and doubt. It decreases peace and faith. It discourages rather than encourages other people. It can drive a wedge between a person and God. It changes nothing, other than to make things look worse. That is why Peter told the audience of **1 Peter 4:8-10**, "Above all, keep loving one another earnestly, since love covers a multitude of sins. Show hospitality to one another without grumbling. As each has received a gift, use it to serve one another, as good stewards of God's varied grace." These people were about to be going through persecution from Rome and the last thing that they needed was more division and toxicity from complaining.

You know, there have even been those who have compared complaining to second hand smoke. It has been determined that secondhand smoke is as detrimental if not more detrimental to a person's health.

Because of that, smoking has been banned from most if not all public facilities over the years. Unfortunately it is harder to completely ban complaining, but secondhand complaining is just as bad. It infects the workplace, the family, and even the church. **Ephesians 4:29** says, "Let no corrupting talk come out of your mouths, but only such as is good for building up, as fits the occasion, that it may give grace to those who hear."

This reminds not only to remove complaining, cursing, and other similar speech from our lives, but to replace it with something good that builds up ourselves and others. It means dwelling on what is good and beautiful and not obsessing on what is bad and ugly. Replacing second-hand complaining with second-hand blessing will help to transform self and others. You will be surprised at how well kindness and love can be passed along through speech.

Andrew Spivey

THE MIRROR

I don't like Mirrors. Mirrors make me look fat. They make it seem like my hairline is in full retreat. Mirrors make my face older, my hair thinner, my shape more rounded. I don't know what is wrong with these mirrors.

I know what you are thinking, you are going to say there is nothing wrong with the mirror. It's doing exactly what it is supposed to do. Just because I don't like what's in the mirror doesn't make it wrong.

The word of God is described as a mirror (James 1:23-25). One that shows us what we truly are so we then can take action to correct the flaws. If we see something in it we don't like, it isn't because the word of God is wrong, it is because it is showing in us what is wrong.

I've found over the years when a person looks at a Bible verse and immediately starts to explain it away, it most often has to do with a person unwilling to change themselves than it does with a misunderstanding or mistake with the text.

If we don't like what the mirror is telling us it is not the mirror that is at fault.

Bulletin Digest.com

COORDINATED BIBLE CLASS STUDIES

Sunday Read – II Peter 3
Wednesday Read – I John 1-2

BIBLE STUDY



Questions for last week's reading of **1 Peter 5 & II Peter 1-2.**

1. How are elders to lead the members of the church?
2. What does Peter compare the Devil to and why?
3. What qualities will keep us being barren and untruthful in the knowledge of our Lord and Savior Jesus Christ?
4. What Old Testament examples did Peter give for living unrighteous lives?
5. What does Peter say is worth more than never obeying the truth?

TUESDAY NIGHTS TOGETHER

Youth, Grades 6 and up are encouraged to attend TNT on **Tuesday, August 16th** beginning at **7:00 PM**. There is a sign-up sheet at the back of the auditorium for anyone who would like to help TNT by providing snacks or a light meal. Please sign your name by the date you are willing to provide food.

SENIOR NIGHT

The Senior group will get together with food and games on **Thursday August 18th at 5:00 pm**. Make plans to come and bring finger foods and enjoy the fellowship. **The Senior group will continue to meet every month on the 3rd Thursday of each month at 5:00 pm. The months of December 2022 and January & February 2023 the group will not meet.**

For God is not the author of confusion, but of peace, as in all churches of the saints.
I Corinthians 14:33

ORDER OF SERVICES

SUNDAY

August 7, 2022

9:00 AM

BIBLE STUDY

(Classes for Nursery – High School upstairs)

Song.....Carl Newby
Opening Prayer.....Matt Ellis
Auditorium Lesson.....Andrew Spivey

10:00 AM SERVICE

Welcome.....Jim Cherry
Song Leader.....Carl Newby
Opening Prayer.....Fate Evans
Sermon.....Andrew Spivey
Lord's Supper.....Tony Butler
Closing Prayer.....Jon David Senn

5:00 PM SERVICE

Welcome.....Jim Cherry
Song Leader.....Carl Newby
Opening Prayer.....Brent Smith
Sermon.....Andrew Spivey
Lord's Supper.....Bob Brown
Closing Prayer.....Ken Veale

WEDNESDAY

August 10, 2022

7:00 PM

Welcome.....Jim Cherry
Song Leader.....Carl Newby
Opening Prayer.....David Thompson
Lesson.....Andrew Spivey
Closing Prayer.....Tim Strickland

Visitor's Desk Volunteer.....Diana Stephenson

IF YOU CANNOT SERVE, PLEASE CALL

Alex Sherrill.....615-289-9935
Church Office.....615-452-3431

Nashville Road Church of Christ
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 Gallatin, TN 37066
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SCHEDULE OF SERVICES

Sunday Bible Study 9:00 a.m. - Sunday Morning Worship 10:00 a.m.
 Sunday Evening Worship 5:00 p.m. - Wednesday Evening Worship 7:00 p.m.

SICK LIST

Shirel Tyler fell and broke her leg. She is at home but continues in a lot of pain. **Bill Johnson** continues with health issues. **Rachel Goode**, friend of Carl & Pam Newby has been diagnosed with breast cancer. **Ronald Milliken**, husband of Helen Milliken, received good news, his cancer has shrunk and now will only have a shot every 3 months for 2 years. **Steven Simmons**, son of Charles and Fay Simmons, continues to recover from back surgery. **Vycki Puckett**, daughter of Jack & Anita Cato has recovered from hip surgery but continues with health issues. **Ty Tyler**, son of Ann Tyler, continues with serious health issues. **Craig Sweeney**, son of Doris Sweeney, hopes to qualify for a new treatment. **John Arnold**, father of Brenda Veale is homebound and dealing with serious health issues.



PRAYER LIST

Eva Petty; Shelby Ross; Sandi Jones; Maxine Cothron; Gerald Miles, The Waters of Gallatin, 555 E. Bledsoe Drive, Room 305; **Frances Catron; Jean Deaton; Charlie Cliburn; Ricky Cantrell; Wade & Wanda Kennedy** parents of Diana Stephenson; **Paul Bouchard**, uncle of Amy Williamson, **Ricky Cross**, friend of Betty Buttrey; **Ida Lou Sherrill**, mother of Alex Sherrill; **Lawrence Redding**, son-in-law of Betty Melcher; **Taylor Lackford**, niece of Brenda Veale; **Dustin Lackford**, nephew of Brenda Veale; **Janice Haskins**, sister of Jim Cherry; **Larry Conley**, friend of Wanda Proctor; **John Gregory**, brother of Bob Gregory; **Harold Cole**, friend of Lena Baggett; **Bobbie Carter**, sister of Janice Johnson; **Betty Billingsley**, sister of Wanda Proctor; **Walter Wooten**, brother of Wanda Sherrill.

SHUT-INS

Marilee Frederick, Gallatin Rehab, Room 309A; **Joyce Savage**, NHC Place Sumner, room 322; **Jane Hughes**, 126 Seabury Dr., Greenville, SC 29615; **Melba Hill; Dorothy Sullivan**, Front Porch Senior Living 115 Sunset Pl. Portland TN, 37148.

We depend on families and friends to help us update this list. Please notify us of any changes

OUR RECORD THIS WEEK

Bible Study.....	100
Morning Worship.....	150
Sunday Evening.....	77
Wednesday Evening.....	79
Contribution.....	\$7,896.00
Youth Group Account.....	\$2,991.00

Elders

Tony Butler.....	615-452-0560
Jim Cherry.....	615-479-2149
David Johnson.....	615-300-9084
Alex Sherrill.....	615-289-9935
David Thompson.....	615-598-6621
Jerry Watson.....	615-461-8137

Deacons

Carl Newby Brent Smith
 Ken Veale Adam Williamson



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ANDREW SPIVEY, Pulpit and Family Minister
TIM STRICKLAND, Associate Minister
GARRETT ROWLETT, Youth Minister